

# ***Communication 401:***

Learning to Communicate Effectively  
and Resolve Conflicts

***4-Part Seminar Series***

*presented by*

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## SESSION 4

### Acceptance and Unconditional Love

We need to understand and accept our differences:

BLUE – Men...	PINK – Women...
Are from Mars	Are from Venus
Are like waffles	Are like spaghetti
Are like clams	Are like crowbars
Are like a light switch	Are like a crock pot
Need and thrive on respect	Need and thrive on love

Popular Sanguine	Perfect Melancholy	Powerful Choleric	Peaceful Phlegmatic
Spontaneous	Deep and Analytical	Born Leader	All Purpose
Appealing Personality	Serious and Purposeful	Compulsive Need for Change	Low-Key Personality
Talkative Storyteller	Genius, Intellectual	Strong-Willed, Decisive	Easygoing
Life of the Party	Talented and Creative	Can Run Anything	Calm, Cool, Collected
Memory for Color	Lists, Graphs, and Figures	Goal Oriented	Patient, Well-Balanced
Curious	Detail-Conscious	Organizes Well	Content
Always a Child	Orderly and Organized	Delegates Work	Administrative Ability
Volunteers for Jobs	Neat and Tidy	Thrives on Opposition	Mediates Problems
Creative and Colorful	Perfectionist with High Standards	Little Need for Friends	Easy to Get along With
Inspires & Charms Others	Economical	Is Usually Right	Has Many Friends
Touchy-Feely	Deep Concern and Compassion	Excels in Crisis and Emergencies	Is a Good Listener

## God Wired Us Differently:

*"For just as we have many members in one body and all the members do not have the same function, so we, who are many, are one body in Christ, and individually members one of another. And since we have gifts that differ according to the grace given to us, let each exercise them accordingly: if **prophecy**, according to the proportion of his faith; if **service**, in his serving; or he who teaches, in his **teaching**; or he who exhorts, in his **exhortation**; he who **gives**, with liberality; he who **leads**, with diligence; he who shows **mercy**, with cheerfulness." Romans 12:4-8*

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2. \_\_\_\_\_
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5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_

## The Highest Road: \_\_\_\_\_ [ \_\_\_\_\_ ]

*"LOVE is patient, LOVE is kind, and is not jealous; LOVE does not brag and is not arrogant, does not act unbecomingly; it does not seek its own, is not provoked, does not take into account a wrong suffered, does not rejoice in unrighteousness, but rejoices with the truth; bears all things, believes all things, hopes all things, endures all things. LOVE never fails..." 1 Corinthians 13:4-8*

## Final Challenge:

1. Really practice trying to put yourself in other's shoes and seeing things through their eyes.
2. Stop arguing over who's right, explore each other's stories, and adopt a learning stance.
3. Get connected to a small group and allow others to help you continue to grow.

# The key to being able to accept and love others...

## 1 John 4:7-11, 19-21

*"Beloved, let us LOVE one another, for LOVE is from God; and everyone who LOVE is born of God and knows God. The one who does not LOVE does not know God, for God is LOVE. By this the LOVE of God was manifested in us, that God has sent His only begotten Son into the world so that we might live through Him. In this is LOVE, not that we LOVED God, but that He LOVED us and sent His Son to be the propitiation for our sins. Beloved, if God so LOVED us, we also ought to LOVE one another...We LOVE, because He first LOVED us. If someone says, "I LOVE God," and hates his brother, he is a liar; for the one who does not LOVE his brother whom he has seen, cannot LOVE God whom he has not seen. And this commandment we have from Him, that the one who LOVES God should LOVE his brother also."*

## Romans 5:8

*"But God demonstrates His own LOVE towards us, in that while we were yet sinners, Christ died for us."*

## John 3:16-18

*"For God so LOVED the world, that He gave His only begotten Son, that whoever believes in Him should not perish, but have eternal life. For God did not send the Son into the world to judge the world, but that the world should be saved through Him. He who believes in Him is not judged; he who does not believe has been judged already, because he has not believed in the name of the only begotten Son of God."*

...is first \_\_\_\_\_ God's \_\_\_\_\_ and \_\_\_\_\_.



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